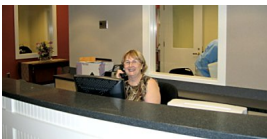


## SENIOR CENTER TOUR



As you exit from your car in the parking lot behind the Town Center, you'll see this double-door entrance



Inside, to your right, is the reception desk. Here you will be graciously welcomed by Lenore Dichard, our



The large open area on the first floor is our "Kitchen" - the perfect place to sit and have a cup of coffee, c



Every afternoon we have an enthusiastic group of game players who enjoy bridge, poker, or card games.



Our game players also enjoy pool and table tennis! Beginners to advanced are welcome!



Next is our Resource Room, with online computers for your use, books, videos, brochures on elder-related topics.



The Shawsheen Room is on the mezzanine level. To get there we can use either this ramp or the short stairs.



Fitness classes held in the Shawsheen Room Monday through Friday include aerobics, weight strength



Up the stairs (or elevator), on the second floor, is the Counseling Room where individual help on health



Also on the second floor is the Flint Room. We use this room for informational presentations and other a



Down the hall from the Flint Room is the Art Room/Fix-It Shop. In this room, small appliances, watches a